## **Umpires Fitness**

Umpires are expected to conform to a standard of physical fitness, which allows them to keep pace with the speed and variability of the game(s). If age, injury, illness or pregnancy is likely to affect the Umpires movements and positioning to the detriment of the game, she/he is required to withdraw from officiating.

That really means that all umpires should be moving level or slightly ahead of play both through to the goal line and back again!!!!